

RESEARCH PARTICIPANTS The I-RACE Study **WANTED**

This study is investigating how kidney disease affects the muscles and causes weakness and tiredness.

We also need to study healthy people for comparison.

Are you:
Generally healthy?
Over 18 years of age?
You may be eligible!



What's involved?

3 visits to the kidney research unit at Leicester General Hospital for:

- some muscle and health tests
- some leg exercises
- some sample collections

The visits will be arranged at your convenience and we will pay your travel expenses

This research will improve our understanding of muscle problems in kidney patients

Interested?

For more information please contact:

Email: kidney.exercise@uhl-tr.nhs.uk

Phone: **0116 258 4346**

Please quote I-RACE

I-RACE control flyer v1 120717



Leicester Kidney
Exercise Team