



Public lecture series 2019

Room 1.39, National Centre for Sport and Exercise Medicine,
Loughborough University. Lecture starts at 6pm

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Nov

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Is health an asset? Does it enhance family, social and economic life?

Presented by Professor Paul Downward,
Professor of Economics, Loughborough
University



Funded by the Health Foundation, this research focusses on the role of health as an asset. This has been identified as important to health policy and lies at the centre of a strategy of seeking integrated care systems within the NHS Long-Term Plan, drawing on the World Health Organisation, which also now stresses the role of health as an asset.

Focussing on health as an asset implies the central proposition that good mental and physical health is the foundation upon which individuals can successfully and actively engage in family, social and economic life, hence promoting and contributing to a more inclusive and productive society. This lecture investigates these propositions drawing on large-scale longitudinal data for the UK.

Professor Downward has wide ranging interests in sport and physical activity and its impacts on health, well-being, social capital, human capital and labour. Professor Downward's research and consultancy has included working with the Economic and Social Research Council, UK Sport, Sport England, Sustrans, the Department for Digital, Culture, Media and Sport, The Commonwealth, UEFA, JADA, Streetgames, Greenhouse Sports and The Health Foundation.

To book, please email Alison Stanley:
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